

Swamini Lalitananda joined hands with Sri Omananda Swamiji in a noble undertaking. Together they raised funds to house, feed and educate over 180 children and 20 destitute women in three different locations in India. After the Maha Samadhi of Omananda Swamiji, she continues the noble work with present Swamiji Sivananda Saraswathi. We appeal to you to join in this noble cause by opening your hearts to these needy children and women.

1. Sri Chowdappa Geetha Ashram located in the heart of Bangalore City, is a home for the destitute orphan boys started by Sri Omananda Swamiji and run by Swami Sivananda Saraswathi & Mata Lalithananda Swaminiji. Established in the year 1981 with only 2 boys, today it houses more than 100 boys from ages 5 to 25 living together. All these children attend nearby Government Schools. 35 have already completed grade school and are currently attending college. These older children also attend Sanskrit College in Chamarajpet. Mataji along with Swami Sivananda Saraswathi, (formerly Sri Mahadeva Sharma) conduct Sanskrit, Veda and moral classes for the children in the mornings.

2. Satyanarayana Ashram/Orphanage located at Kodihalli, Malur Taluk, Kolar District includes a Goshala. It houses 30 children. Goshala has 12 cows for the use of Ashram maintenance.

3. Sivananda Ashram / Orphanage & School is a home to 26 destitute children and is located in very remote area near Narsipuram, Srikakulam Dist, Andhra Pradesh. Very recently, a school was constructed by the Ashram for the benefit of Ashram children as well as surrounding rural children. About 200 children are being educated in this school at present.

In addition to these three Ashrams Mataji also supports and runs Charla Susheela Oldage Home with Dr. Charla Vidula.

4. Charla Susheela Oldage Home at Nidavolu where 108 old and mentally challenged people are being taken care of. (Turn overleaf for more details)

The children are provided morning tea, breakfast, lunch and dinner (mostly rice and sambar). Each child needs school uniform, notebooks, text books, fees and bus passes.

We encourage donations for special occasions such as birthdays, anniversaries and other such auspicious occasions. The Swamis visit these abode of tiny Gods regularly. They have dedicated their lives to the service of orphan children and destitute women. You are welcome to meet some of the residents in the followings pages.



### Swamini Lalitananda

Swamini Lalitananda grew up in a traditional Vedic family and studied under her grandfather, Pundit Suryanarayana Murthy Shastri, a renowned scholar of Sanskrit and Vedanta. She was initiated into Sanyas at the Swami Sivananda Ashram. She furthered her studies in Anaikatty, Coimbatore, Tamil Nadu, Rishikesh, Uttaranchal, Himalayas under

Swami Dayananda Saraswathi of Arsha Vidya Gurukulam, a well-respected teacher of Vedanta. She also studied in Kailash Ashram of Rishikesh, the oldest school of Vedanta in this "City of Saints".

Earlier, Swamini Lalitananda studied at Andhra University, Sri Venkateshwara Yoga Research Institute in Tirupathi and also in Canada. she was incharge of Yoga studies at Andhra University. She was a resident faculty member of Hindu University in Orlando, Florida. She has taught Yoga teacher training Courses as well as meditation and scriptures like Bhagavad Gita and Upanishads in USA.

With the divine blessings of her Guru Poojya Swami Dayananda Saraswathi Maharaj, Mataji has established the Atma Vidya Ashram.

Mataji is blessed with a melodious voice. She is a Carnatic Musician & also plays the Musical instrument Veena. Mataji converses in many languages.

Now, Mataji spends six months of a year in USA giving discourses and raising funds for the needy children. She spends the rest of the year in India (esp. Bangalore), teaching, guiding and helping these children.

### Sri Omananda Swamiji

A disciple of Swami Sivananda and Swami Chidananda, Sri Omananda Swamiji lived in Rishikesh for 12 years working in the Sivananda Charitable Hospital taking care of the lepers. He moved to the Ashram of Tiruchi Swamigal in Bangalore in 1975. In 1981 he started the orphanage with just two boys which has grown into the present Geetha Ashram with more than 100 boys. In addition, he started two more ashrams, one in Karnataka and another in Andhra Pradesh. Swamiji took ill in August 2011 and attained Maha Samadhi in September 2011.



### Swami Sivananda Saraswathi

Swami Sivananda Saraswathi, is the present Swamiji in charge of the orphanages. Born under the name of Mahadeva Sharma in 1965, he joined Swami Omanandaji in 1975 at the tender age of 9 years. He worked along with Sri Omanandaji and also studied Sanskrit and Vedanta in Adi Chunchanagiri Mutt by obtaining Master's degree in Sanskrit. He used to teach Sanskrit to the boys in the Ashram. When Omanandaji fell ill, he understood Sharmaji as the most competent and capable person to carry on his work and he initiated Mahadeva Sharma into Sanyas with name of Swami Sivananda Saraswathi.



These Ashrams are purely run by donations. The Ashram does not receive any aid from either the State or the Central Government. You are invited to help the Swamis in this noble cause by donating generously. You are welcome to help in cash or kind towards the basic necessities and education. You are requested to encourage the talented children by either bearing the expenses of the orphanages or for the education of the children.

The Swamis intend to develop labs and classrooms to encourage the children's overall growth in education. Donations are accepted towards construction and equipment.

### YES, I want to do what I can to help the Swami's mission. Please accept my tax deductible donation of:

- \$1 per day / \$365 per year for one child's basic needs
- \$150 for one child's schooling for a year
- \$108 for a special occasion (per meal feast)
- \$1 per day / \$365 per year for one aged person's medicine and diet.
- \$1000 donation gratefully accepted towards construction of a dorm and a kitchen for the old age home.
- \$4000 to build a room in your name in any one of the Ashrams.
- \$\_\_\_\_\_ Whatever you can give will be accepted with blessings.

Make checks payable to -

### Atma Vidya Ashram

FID # 77 - 0656331

Mail your checks to Atma Vidya Ashram

C/o B.K.S. Swamy,

24 Hunniford Street, Manchester, CT 06040

Ph: 860-645-8381

or pay on-line (using credit card) at

[www.atma-vidya.org/donate.html](http://www.atma-vidya.org/donate.html)

email: [aatmavidyaashram@yahoo.com](mailto:aatmavidyaashram@yahoo.com)

### Sri Geetha Ashram

6th Main, 12th Cross, Bapujinagar, Bangalore - 560 026, Karnataka, INDIA

Ph: +91 80 2674 2686, 98458 28491

Email: [swaminil10@gmail.com](mailto:swaminil10@gmail.com)

[www.atma-vidya.org](http://www.atma-vidya.org)



Shivananda Samskrutha  
Veda Agama Mahavidyalaya



## Atma Vidya Ashram

Supports poor and helpless children  
and old people in India



Swami Shivananda Maharaj  
of Rishikesh



## Sri Geetha Ashram

Bapujinagar, Bangalore

Let us now meet some of the ashram residents:



**Ajay & Lingesha** are aged around 10 years and 7 years, they are studying in 4th and 2nd standard respectively. Their father passed away and their mother abandoned them. So their grandmother left them in the ashram forever.

**Jayashankar** is a 8 year old naughty and adorable child. He is studying in 1st standard and his brother **Bhagyashankar** is 10 years old and studying in 4th standard. Due to family disputes these brothers were orphaned. Some villagers took pity and brought them to the Ashram four years ago.



**Dileep and Pradeep**, are brothers who lived in a remote village. Their parents died in an accident. When these children were brought to the ashram, they were in extremely pitiable condition. They had boils & wounds all over their body and required urgent medical care. The Ashram has provided them not just medication, but also takes care of all Spiritual, emotional and educational needs.



**Karthik K.** was mentally and physically challenged child, when he was brought to the ashram. At present his situation has improved and he is presently studying in 7th standard.



**Sivakumar** comes from a very remote village. His parents work as agricultural labourers and are economically extremely weak. His sisters are studying in the girls ashram at Kodihalli. **Nagarathna** who is 18 years and the eldest, is pursuing her graduation (BA). **Geeta** is 16 years old and studying in 11th standard. **Gayathri** is 15 years old and studying in 10th standard.



**Sujata** lost her parents long back. When she arrived at the Ashram 6 years ago, she was extremely scared, she cried a lot and frequent nightmares troubled her. She is studying in 5th standard, doing very well in her studies and leading a happy life now.



**Padma** (Malyamma) was thrown out of her well-to do family. She lived on the streets. One of the Matajis friends found her and brought her to the Ashram 12 years ago. She is mentally challenged. Her derangement often leads to ill behaviour. The ashram provides her not only basic facilities & medicines but also lots of love, care and attention. She often finds solace in serving Swamini Lalithananda Mataji.



**Ananthamma** is the daughter of **Ramakka**. They were living in KGF, Karnataka. Ananthamma's father passed away within one month of her birth. Her mother brought her up with great difficulty. As Anantha reached her teens she was continuously harassed. Unable to stand the harassment she took refuge at the ashram along with her mother. For the past 14 years she has been serving the ashram by taking care of the girls at the girls ashram. Her mother passed away recently.

All the children and women in the Ashram have similar painful stories to tell about their past.

But the Swamis Mission has made all the difference in their lives. Their basic necessities are taken care of. Confidence is induced in them to move ahead in life with greater strength and confidence. Come, let us all join together and strengthen this noble endeavor in our own humble way.



## SREE CHARLA SUSHEELA OLD AGE HOME

Near Over Bridge, Nidadavolu - 534301  
West Godavari District, Andhra Pradesh, India  
Tel: 08813 223352 Cell: 93478 73408



A HOME for 'destitute people' run by **Swamini Lalithananda Saraswati** and **Dr. Charla Vidula** was established in the year 2000 with 10 women, as an offshoot of Sree Kasturibai Mahila Samajam, founded by **Charla Susheela** in 1953. **Swamini Lalithananda Mataji** is the Chairperson of this Home. Mataji gives spiritual discourses and counseling besides providing funds.



Sree Charla Susheela old age home was born under the guidance of a kind-hearted lady, Dr. Charla Vidula, daughter of Smt. Charla Suseela, who provides old, abandoned, & helpless people a place to live. A place where one can survive in peace and die with dignity. The Home is a habitat of 108 people, who have been abandoned by their family and have no place to go to.

The aim of the Home is to render service that would make a difference in the lives of old and helpless people, mostly those who can't afford to pay, by accommodating them with free shelter, food, clothing and medicines, especially love and compassion in the last phase of their life. This is a home for not only old age people, but also for mentally disturbed, blind, dumb and deaf women as well as young girls.

The needs of the Home are many, such as food, clothes, medicines and mainly a good sized kitchen and decent accommodation for residents.



**Vijayalakshmi** is a 20 year old blind girl who was abandoned at an early age. Her uncle put her in a school for blind. When Vidula brought her to the ashram 9 years ago, she was afflicted with boils in the head and her skin. She was treated with love, compassion and medicines. She now looks forward to a bright future as she has completed her two year Pre-University Course along with One year Diploma Course in Computer Science. Presently, Mataji's has made arrangements for her to pursue her 4 year graduation course in Computer Science at Netra Vidyalaya, Hyderabad.



**Nagamani P.** was a beautiful young lady. She was an ardent student of tailoring and art classes held at Sree Kasturibai Mahila Samajam, founded by Ms. Charla Suseela. Later on she became a successful tailor. One man who pretended to be a customer raped her and after a few days took her as his second wife. Gradually, Nagamani's grew mentally ill and the first wife left her at the Home. Her husband visits her occasionally.

**Nagamani R.** is 50 years old. She is mentally disturbed since childhood. Her family, unable to handle her bouts of aggressive nature, left her in the Home. She is in the Home since 5 years.



**Manga** who is aged around 45-48 years looks only half her age. Her physical and mental growth are slow. Her speech is blur. She is a resident of the Home for the past ten years Her siblings could not afford to take care of her. She is good and helpful to many aged residents.



**Nikita** is a HIV AIDS patient. She begged on the streets and was hospitalized. As there is no cure, she was brought to the Home. She is suffering many health complications.



**Monika** lives in her own cocoon. She is deaf and dumb. She laughs for no reason. She walks without knowing where to go. Above all, she does not demand food. She has to be reminded to take her meals.

**Susheela**, aged around 80 years has lost her husband, she does not have children. She has many health problems. She is a resident of the Home for the past 4 years.

