

Swamini Lalitananda has joined hands with Sri Omananda Swamiji in a noble undertaking. Together they are raising funds to house, feed and educate over 200 children and 30 destitute women in four different locations in India. We appeal to you to join in this noble cause by opening your hearts to these needy children and women.

1. Sri Chowdappa Geetha Ashram located in the heart of Bangalore City, is a home for the destitute orphan boys run by Sri Omananda Swamiji and Mata Lalithananda Swaminiiji.

Established in the year 1981 with only 2 boys, today it houses more than 100 boys from ages 5 to 25 living together. All these children attend nearby Government Schools. 35 have already completed grade school and are currently attending college.

These older children also attend Sanskrit College in Chamarajpet. Sri Swamiji along with Mataji and their assistant Sri Mahadev Sharma conduct Sanskrit, Veda and moral classes for the children in the mornings.

2. Satyanarayana Ashram/Orphanage located at Kodahalli, Malur Taluk, Kolar District includes a Goshala. It houses 30 children. Goshala has 12 cows for the use of Ashram maintenance.

3. Sivananda Ashram/Orphanage is a home to 35 physically challenged and destitute children and is located near Narsipuram, Srikakulam Dist, Andhra Pradesh. Very recently, a school was constructed by the Ashram for the benefit of Ashram children as well as surrounding rural children.

4. Vignana Matam located at Tatiparthi village, Nellur District, Andhra Pradesh houses 26 orphan children.

42 destitute women are also supported by this mission. Besides these four Ashrams, the Mission also supports-

Charla Susheela Oldage Home at Nidadavolu where 80 old and mentally challenged people are being taken care of. Turn overleaf for complete details.

These children need your help. The children are provided morning tea, breakfast, lunch and dinner (mostly rice and sambar). Each child needs school uniform, notebooks, text books, fees and bus passes. We encourage donations for special occasions such as birthdays, anniversaries and other such auspicious occasions.

These Swamis visit these abode of tiny Gods regularly. They have dedicated their lives to the service of orphan children and destitute women. You are welcome to meet some of the residents in the followings pages.



Swamini Lalitananda

Swamini Lalitananda grew up in a traditional Vedic family and studied under her grandfather, Pundit Suryanarayana Murthy Shastri, a renowned scholar of Sanskrit and Vedanta. She was initiated into Sanyas at the Swami Sivananda Ashram. She furthered her studies in Anaikatty, Coimbatore, Tamil Nadu, Rishikesh, Uttaranchal, Himalayas under Swami Dayananda Saraswathi of Arsha Vidya Gurukulam, a well-respected teacher of

Vedanta. She also studied in Kailash Ashram of Rishikesh, the oldest school of Vedanta in this "City of Saints".

Swamini Lalitananda was a resident faculty member of Hindu University in Orlando, Florida. Earlier, she was in charge of Yoga studies at Andra University. She studied at Andra University, Sri Venkateshwara Yoga Research Institute in Tirupathi and also in Canada. She has taught Yoga teacher training Courses as well as meditation and scriptures like Bhagavad Gita and Upanishads in USA.

With the divine blessings of her Guru Poojya Swami Dayananda Maharaj, Mataji has established the Atma Vidya Ashrams.

Mataji is blessed with a melodious voice. She is a Carnatic Musician & also plays the Musical instrument Veena. Mataji converses in many languages.

Now, Mataji spends six months of a year in USA giving discourses and raising funds for the needy children. She spends the rest of the year in India (esp. Bangalore), teaching, guiding and helping these children.

Sri Omananda Swamiji

A disciple of Swami Sivananda and Swami Chidananda, Sri Omananda Swamiji lived in Rishikesh for 12 years working in the Sivananda Charitable Hospital taking care of the lepers who had no one to take care of them. His compassion to the suffering of these unfortunate victims was very moving. He cleaned and treated their wounds bringing faith in the lord in his gentle touch.

Swamiji delivers discourses on scripture in various languages like Sanskrit, Hindi, Tamil, English, Kannada, Telugu, Bengali and Oriya. Swamiji is a Classical Carnatak Musician who is well versed in Veena and is blessed with a very melodious voice. He is a master of South Indian Music.



These Ashrams are purely run by donations. The Ashram does not receive any aid from either the State or the Central Government. You are invited to help the Swamis in this noble cause by donating generously.

You are welcome to help in cash or kind towards the basic necessities and education. You are requested to encourage the talented children by either bearing the expense or by training the children.

The Swamis intend to develop Computer Laboratory and English classes for the children. Donations are accepted towards construction and also equipment for the laboratory.

YES, I want to do what I can to help the Swami's mission. Please accept my tax deductible donation of:

- \$1 per day / \$365 per year for one child's basic needs
- \$150 for one child's schooling for a year
- \$108 for a special occasion (per meal feast)
- \$1000 would be appreciated toward construction of a dorm and a kitchen for the old age home.
- \$4000 to build a room in your name in any one of the ashrams
- \$_____ Whatever you can give will be accepted with blessings

Make checks payable to -

Atma Vidya Ashram

FID # 77 - 0656331

Mail your checks to

Atma Vidya Ashram

C/o B.K.S. Swamy,

24 Hunniford Street, Manchester, CT 06040

Ph: 860-645-8381

E-mail: aatmavidyaashram@yahoo.com

or pay on-line (using credit card) at

www.atma-vidya.org/donate.html

Sri Geetha Ashram

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Shivananda Samskrutha Veda Agama Mahavidyalaya

Atma Vidya Ashram

Supports poor and helpless children
and old people in India



Swami Sivananda Maharaj of Rishikesh



SREE CHARLA SUSHEELA OLD AGE HOME



Sri Geetha Ashram

Bapujinagar, Bangalore

Let us now meet some of the ashram residents:



Balaka Giri is 12 year old, studying in 6th Standard. His mother passed away when he was very young. His handicapped father remarried. His step mother hardly took care of him. Swamiji saw his condition and brought him to the ashram. He has been in the ashram for the past four years and is now studying in 6th standard.

Dileep and Pradeep, are brothers who lived in a remote village. Their cruel father killed their mother. With no one to take care of these children, their relatives brought them to the Ashram. When these children were brought here, they were in extremely pitiable condition. They had boils & wounds all over their body and required urgent medical care. The ashram has provided them not only with the required medication, but also takes care of all spiritual, emotional and educational needs.

Triveni is a 14 year old girl studying in Class 9. Her parents live in a remote village in Andhra Pradesh and are living in poverty. They cannot afford to feed & educate their children. Hence, they sent Triveni & her brother Nityananda to Sivananda Ashram. Nityananda is studying in LKG, and is 6 year old.



Munendra is a 13 year old boy studying in 7th Standard. He hails from Tamil Nadu. Both his parents are no more. His relatives got him here. He is very good at studies



Jayashankar is a 6 year old naughty and adorable child. He is in Std I and his brother Bhagyashankar is in Std IV. The mother is very poor. Their father is an alcoholic and forced the children to beg on the streets. Seeing their plight, one of their relatives brought them to the ashram.



Padma(Malyamma) was thrown out of her well-to do family. She lived on streets. One of the Matajis found her and brought her to the ashram 12 years ago. Her derangement often leads to ill behaviour. The ashram provides her not only basic facilities & medicines but also lots of love, care and attention. She often finds solace in serving Swamini Lalithananda Mataji.



Ananthamma is the daughter of **Ramakka** who were living in KGF, Karnataka. Ananthamma's father passed away within one month of her birth. Her mother brought her up with great difficulty. As Anantha reached her teens she was continuously harassed. Unable to stand the harassment she took refuge at the ashram along with her mother. For the past 14 years she has been serving the ashram by taking care of the girls at the girls ashram. Her mother prefers to live in solitude.



All the children and women in the ashram have similar painful stories to tell about their past.

But the Swamis Mission has made all the difference in their lives. Their basic necessities are taken care of. Confidence is induced in them to move ahead in life with greater strength and confidence. Come, let us all join together and strengthen this noble endeavor in our own humble way.



SREE CHARLA SUSHEELA OLD AGE HOME



SREE CHARLA SUSHEELA OLD AGE HOME
Near Over Bridge, Nidadavolu - 534301
West Godavari District, Andhra Pradesh, India
Tel: 08813 223352 Cell: 93478 73408



A HOME for 'destitute people' run by **Swamini Lalithananda Saraswati** and **Dr. Charla Vidula** was established in the year 2000 with 10 women, as an offshoot of Sree Kasturibai Mahila Samajam, founded by **Charla Suseela** in 1953. **Swamini Lalithananda Mataji** is the Chairperson of this Home. Mataji gives spiritual discourses and counseling besides providing funds.



Sree Charla Suseela old age home was born under the guidance of a kind-hearted lady, Dr. Charla Vidula, daughter of Charla Suseela, who wants to give abandoned, old as well as helpless people a place to stay, so that they could spend their old age with dignity and die with dignity. Today, it is a home for 82 people, who have been abandoned by their children and relatives and have no place to go to.

The aim of the Home is to render service that would make a difference in the lives of old and helpless people, mostly those who can't afford to pay, by accommodating them with free shelter, food, clothing and medicines, especially love and compassion in the last phase of their life. This is a home for not only old age people, but also for mentally disturbed, blind, dumb and deaf women as well as young girls.

The needs of the Home are many, such as food, clothes, medicines and mainly a good ized kitchen and decent accommodation for residents.



Vijayalakshmi is an 18 year old blind girl. At a very early age she was abandoned by her parents on the street. Her uncle put her in a blind school. Mridula

was moved by this child's condition and took her into the Home. Today, Vijayalakshmi has successfully completed 10th grade and is studying in Inter 2nd year.

Parvatha Vardhani is an intelligent and active 15 year girl who is Vijayalakshmi's eyes and best friend. Her father is a drunkard. He left her and her mother 2yrs ago. Since then, they are staying at the home. Her mother and sister help in the kitchen with cooking and cleaning. She is studying in 10th grade.



Nagamani P. was a beautiful young lady. She was a ardent student of tailoring and art classes held at Sree Kasturibai Mahila Samajam, founded by Ms.Charla Suseela. Later on she became a successful tailor. One man who pretended to be a customer raped her and after a few days took her as his second wife. Gradually Nagamani's mental health got upset and the first wife left her at the Home. Her husband visits her occasionally.



Nagamani R. is 50 years old. She is mentally disturbed since childhood. Her family, unable to handle her bouts of aggressive nature, left her in the Home. She is in the Home since 5 years.



Arundathi completed a century (100 years). Her own sons who considered her a burden left her at the Home two years ago. They visit her at times.



Savithri is a 60 year old woman. She begged on the streets for a living. A policeman who noticed her condition brought and left her at the Home. She has been in home past 2 years.



Achyutaramaiah is a young man. He is mentally challenged. Unable to bear his behaviour, his brother and sister-in-law left him at the Home. When he is angry he hurts himself miserably.